



MAASAI MARA UNIVERSITY

REGULAR UNIVERSITY EXAMINATIONS 2017/2018 ACADEMIC YEAR SECOND YEAR SECOND SEMESTER

SCHOOL OF EDUCATION BACHELOR OF EDUCATION

COURSE CODE: EGC 2208

**COURSE TITLE: COMMUNICATION IN GUIDANCE
AND COUNSELING**

DATE: 2ND MAY, 2018

TIME: 1100 - 1300 HRS

INSTRUCTIONS TO CANDIDATES

Answer Question ONE and any other two questions

Question one

a. Define the following terms

i. Communication

ii. Counseling

iii. Gestures

(6mks)

b). Outline three components of communication in counseling

(6mks)

c). Explain three key characteristics of an effective verbal counsellor

(6mks)

d). Using relevant examples, discuss the importance reflecting skill in counseling

(4mks)

e. Explain four reasons why a counselor may question a client in a counseling session

(8mks)

Question Two

a). Discuss FIVE functions of communication in counselling

(10mks)

b). Using relevant examples, explain the following concepts in relation to counselling and communication with clients;

i) Body language

ii) Eye contact

iii) Sign language

iv) Tone variations

v) Gestures

(10mks)

Question Three

Explain FIVE barriers to effective communication that may jeopardize therapeutics relationship between the counselor and the client (20mks)

Question Four

Discuss FIVE counseling skills and how they may enhance communication between the counsellor and the client (20mks).

As a counselor of a young client in distress, discuss the steps you would take to communicate effectively. (20mks)

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