



MAASAI MARA UNIVERSITY

REGULAR UNIVERSITY EXAMINATIONS 2017/2018 ACADEMIC YEAR THIRD YEAR SECOND SEMESTER

SCHOOL OF EDUCATION BACHELOR OF EDUCATION

COURSE CODE: EGC 302

**COURSE TITLE: GROUP PROCEDURES AND
GROUP DYNAMICS IN COUNSELING**

DATE: 23/4/2018

TIME: 1100 - 1300 HRS

INSTRUCTIONS TO CANDIDATES

Answer Question ONE and any other two questions

Question One

- 1) a. Define the following terms.
 - i. Group counseling
 - ii. Group dynamics
 - iii. Norms

(3 marks)
 - b. Outline TWO advantages of open groups in counseling. (2 marks)
 - c. Explain THREE reasons why a counselor may prefer a homogenous group in counseling. (6 marks)
 - d. "Rounds" are key in group counseling. With THREE reasons justify this statement. (6 marks)
 - e. The main purpose of screening in group formation is to assess suitability of prospective members for group. Against this background, identify THREE categories of members whom may be disqualified (6 marks)
 - f. Give THREE reasons why a counselor may choose funneling down method for a personality reconstruction group (6marks)
- 2) a. Explain THREE core competencies for a group counsellor (6marks)
 - b. Explain TWO key roles of a group counselor from a psychoanalytic perspective (4marks)
 - c. Discuss any FIVE counseling skills that a school counselor may use in a psychoeducational group (10 marks)
- 3) a. Discuss Four key issues that a counselor should address at the transition stage of therapy group (10 marks)
 - b. Discuss FIVE types of group members' problem behaviors that a counselor is likely to encounter at transition phase (10 marks)
- 4) a. Explain FOUR methods that a counselor may apply to evaluate the group effectiveness (10 marks)
 - b. Explain FIVE advantages of coleadership model in group counseling (10 marks)
- 5) a. Outline the steps followed for successful group norms adoption (12 marks)
 - b. Explain any FOUR qualities of an effective group counselor (8 marks)

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