MAASAI MARA UNIVERSITY

REGULAR UNIVERSITY EXAMINATIONS
2023/2024 ACADEMIC YEAR
THIRD YEAR SECOND SEMESTER

SCHOOL OF ARTS, HUMANITIES, SOCIAL SCIENCES AND CREATIVE INDUSTRIES

COURSE CODE: SWK 3238-1

COURSE TITLE: ADDICTION, ASSESSMENT AND INTERVENTION

DATE:29/5/24   DURATION: 0230-0430HRS

INSTRUCTIONS TO CANDIDATES

Answer Question **ONE** and any other **TWO** questions

*This paper consists of **TWO** printed pages. Please turn over.*

QUESTION ONE

a) As a social worker employed at Maasai Mara University, you encounter a challenging case involving a member of the university staff, Ole Karei exhibiting signs of behavioral addiction . The staff member has been observed spending excessive amounts of time on online gambling websites during work hours, neglecting his professional responsibilities and impacting his productivity. Colleagues have expressed concerns about his erratic behavior, mood swings, and financial difficulties believed to be linked to his gambling addiction.

i. As a social worker, how would you approach and assess Ole Karei's situation, considering the potential impact of his behavioral addiction on his personal and professional life? **(5 marks)**

ii. Discuss the interventions and support strategies you would implement to assist Ole Karei in addressing his gambling addiction and related issues **(5 marks)**

b) You are a counselor working with a client who has successfully completed a rehabilitation programme for sex addiction. However, the client expresses concerns about relapse and seeks your guidance on maintaining sobriety in the face of triggers and temptations in their daily life.

i. Based on your knowledge of relapse prevention strategies, develop a personalized relapse prevention plan for the client, considering their specific triggers, coping mechanisms, and support systems. **(5 marks)**

ii. Discuss the importance of ongoing support and aftercare services in preventing relapse and promoting long-term recovery for individuals with sex addiction. **(5 marks)**

QUESTION TWO

As a community health worker, you encounter a young adult exhibiting signs of drug abuse during a routine home visit. The individual appears withdrawn, demonstrates erratic behavior, and exhibits physical signs such as dilated pupils and unexplained weight loss. Despite these indicators, the individual denies any substance use when questioned.

i. Utilizing your knowledge of identifying drug abuse, describe the steps you would take to further assess the individual's substance use, considering both observable signs and symptoms and subtle behavioral cues. **(7 marks)**

ii. Discuss the challenges and ethical considerations involved in addressing drug abuse in community settings, particularly when individuals deny their substance use and resist intervention. **(8 marks)**

QUESTION THREE

a) Explain the concept of harm reduction in the context of addiction treatment. **(5 marks)**

b) Discuss the principles of harm reduction and its application in supporting individuals with substance abuse issues. **(5 marks)**
c) Evaluate the effectiveness of harm reduction strategies in promoting positive outcomes for clients. **(5 marks)**

QUESTION FOUR
a) Describe the classification of psychedelics, stimulants, and depressants drugs based on their chemical composition and pharmacological effects.
(5 marks)
b) Explain the physiological and psychological effects of psychedelics, stimulants, and depressants drugs on the human body and brain.
(5 marks)
c) Evaluate various treatment programs available for individuals struggling with addiction to psychedelics, stimulants, and depressants drugs.
(5 marks)

QUESTION FIVE
a) Discuss the role of stigma in perpetuating addiction and hindering treatment-seeking behaviors among individuals with substance use disorders. **(8 marks)**
b) Explore how social workers can address stigma in addiction treatment settings and advocate for policies that reduce stigma and discrimination against individuals struggling with addiction. **(7 marks)**

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