



MAASAI MARA UNIVERSITY

**REGULAR UNIVERSITY EXAMINATIONS
2023/2024 ACADEMIC YEAR**

THIRD YEAR FIRST SEMESTER

**SCHOOL OF TOURISM, AND HOSPITALITY
BACHELOR OF HOTELS AND HOSPITALITY
MANAGEMENT**

COURSE CODE: HHM 3130-1

**COURSE TITLE: SPECIALIZED MENUS AND
INTERNATIONAL CUISINES PRACTICE**

DATE: 5/12/2023

TIME: 1100-1300 HRS

INSTRUCTIONS TO CANDIDATES

Answer all questions in **SECTION A** and any other two in **SECTION B**

SECTION A: COMPULSORY

QUESTION ONE-(20MARKS)

- a. Elaborate the difference between cuisine and a meal **(2 Marks)**
- b. Explain **FOUR** common ingredients used in the preparation of meals from Antarctica **(2 Marks)**
- c. While using practical examples, explain **FOUR** cooking techniques employed while preparing some cuisines **(4 Marks)**
- d. Explain the process that goes into preparing any Sause of your choice **(5 Marks)**
- e. State and explain the **SEVEN** flavor profiles **(7 Marks)**

SECTION B: (ANSWER ANY TWO)

QUESTION TWO:

- a. State and explain the **FOUR** historic era's as discussed when looking at the history of cuisines **(4 Marks)**
- b. There's a rich history when it comes to cuisine, fill in the blanks in this pre historic achievements **(11 Marks)**

WHEN- B.C	WHERE	WHAT
500,000 – 1 MILLION		
BEFORE 100,000		
100,000		
33,000		
25,000 – 20,000		
18,000 : 15,000		
14,000		

BEFORE 10,000		
8,000		

QUESTION THREE:

You are privileged to be the food and beverage manager at Maasai Mara University Motel, a diabetic patient, his convalescent wife, their elderly father and together with their grand children who are 3 years and 18 years respectively, happen to walk into your hotel and request to be served. Explain the dietary consideration for each of this groups of clients.

(15 Marks)

QUESTION FOUR:

- a. Having had knowledge in hospitality management, Describe a Menu **(2 Marks)**
- b. State and explain, while giving examples, **TEN** types of menu's commonly used in food service operations **(5 Marks)**
- c. Explain **FOUR** reasons why it is important to have a menu **(8 Marks)**

QUESTION FIVE:

Discuss the international cuisine of **ANY ONE** of the listed continents.

(15 Marks)

- i. Africa or
- ii. North America or
- iii. South America or
- iv. Europe or
- v. Asia or
- vi. Australia

/END/