



# **MAASAI MARA UNIVERSITY**

**REGULAR UNIVERSITY EXAMINATIONS  
2022/2023 ACADEMIC YEAR  
FOURTH YEAR SECOND SEMESTER**

**SCHOOL OF EDUCATION  
BACHELOR OF EDUCATION WITH GUIDANCE  
AND COUNSELING**

**COURSE CODE: EGC 4218  
COURSE TITLE: GERIATRIC COUNSELLING**

**DATE: 19<sup>TH</sup> APRIL, 2023**

**TIME: 8.30AM-11.30AM**

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## **INSTRUCTIONS TO CANDIDATES**

ANSWER QUESTION **ONE** AND ANY OTHER **TWO** QUESTIONS.

DO NOT WRITE ANYWHERE ON THIS PAPER

## **QUESTION ONE**

- a) Discuss **FIVE** characteristics of a Maladjusted elderly (10marks)
- b) Evaluate the practical application of the continuity theory to a geriatric counsellor (10marks)
- c) Examine **THREE** genetical factors that influence the aging process (10marks)

## **QUESTION TWO**

- a) Argue the case for institutionalized elderly (10marks)
- b) Discuss **THREE** attributes of an effective geriatric therapist (10marks)

## **Question Three**

- a) Describe Eric Erickson's psychosocial theory on the aging process showing how this knowledge may be of use to a therapist dealing with the elderly (10MARKS)
- b) Examine **FIVE** psychological factors that cause depression among the elderly. (10marks)

## **QUESTION FOUR**

- a) Discuss **THREE** consequences of negative age stereotypes on older persons (10marks)
- b) Discuss how you would conduct counselling intervention to a Cancerous client (10marks)

## **QUESTION FIVE**

- a) Examine the roles of **THREE** elderly protective services available in Kenya. (10marks)
- b) Discuss **THREE** ways of ensuring successful aging process (10marks)

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