



MAASAI MARA UNIVERSITY

REGULAR UNIVERSITY EXAMINATIONS

2022/2023 ACADEMIC YEAR

SECOND YEAR SECOND SEMESTER

SCHOOL OF EDUCATION

**BACHELOR OF EDUCATION (EARLY CHILDHOOD
EDUCATION WITH PROJECT MANAGEMENT)**

COURSE CODE: ECP 3105-1

COURSE TITLE: PERSONALITY DEVELOPMENT

DATE : 6TH DECEMBER, 2022

TIME: 1430-1630

INSTRUCTIONS TO CANDIDATE

Attempt question 1 (ONE) and any other 2 (TWO) Questions

SECTION A

- 1a). Describe the following terms giving valid examples. **(5 mks)**
- Personality
 - Personality traits
 - Character
 - Temperament
 - Fixation
- b). State two (2) characteristics of Ericksons psychosocial theory of personality development. **(2 mks)**
- c). Using a pyramid, show the various stages of development by maslow's theory **(4 mks)**
- d). Differentiate between type A and type B personality types. **(6 mks)**

SECTION B

2. a). List four (4) characteristics of a self-actualized person.. **(4 MKS)**
- b). How can you make use of the humanistic theory in a learning environment? **(3 MKS)**
- c). Explain each of the following characteristics according to Trait theory
- sanguine
 - phlegmatic
 - melanchonic
 - Choleric
- (8 mks)**
- 2a). Briefly explain five (5) factors that influence personality development.
- Social factors
 - Emotional
- (10 mks)**
- b). What is the importance of life skills? **(5 mks)**
- 3.a) Describe the main types of self-management and coping skills **(4 mks)**
- b). Explain the importance of self-awareness as a life skills **(4 mks)**
- c). i. Define the term "Defence mechanism" **(1 mk)**
- ii. Outline three (3) types of Défense mechanisms and give reasons for the behaviour. **(6 mks).**
- 4a) i. Explain Johari's four (4) windows of self- awareness. **(8 mks)**
- ii. What are the principles of opening up and self-disclosure **(4 mks)**
- iii. Outline the importance of self-esteem in personality development **(3 mks)**
- 5a). What are emotions? **(1 mk)**
- b).i. Define communication **(1 mk)**
- ii. Briefly explain four (4) goals of communication. **(4mks)**
- iii. List three (3) barriers to communication **(3 mks)**
- c) i. Why should children be taught to be assertive? **(3 mks)**
- ii. Explain three strategies/ styles of resolving conflict. **(3mks)**

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