



MAASAI MARA UNIVERSITY

REGULAR UNIVERSITY EXAMINATIONS

2021/2022 ACADEMIC YEAR

SCHOOL OF ARTS AND CREATIVE INDUSTRIES

COURSE CODE: SWK 4133

**COURSE TITLE: COUNSELING SKILLS IN
SOCIAL WORK**

DATE:

TIME:

INSTRUCTIONS TO CANDIDATES

QUESTION 1 is compulsory

Answer any **TWO** questions

Question 1

Discuss the three major counseling theories, their major components and state how it can be applied to diverse populations.

- (a) Psycho analytic theory **(10 marks)**
- (b) Multicultural theory **(10 marks)**
- (c) Family systems theory **(10 marks)**

Question 2

a) Discuss the impact of biological and social factors on behavior. **(10 marks)**

b) Discuss the biological influences on human growth and behaviors **(10 marks)**

Question 3

(a)Discuss the functions and roles of therapists in the following areas (individual and groups) **(15marks)**

(b)The relationship between counselling and social work has always been complex and interactive. Discuss **(5 marks)**

Question 4

(a)Discuss the Strategies and techniques for helping clients **(10 marks)**

(b)Discuss the role of assessment in the helping process by stating techniques and methods from a counseling perspective **(10 marks)**

Question 5

(a)Discuss the Influence of heredity and environmental factors on behavior **(10 marks)**

(b)List the Characteristics of Biological Influences on Behaviors **(10 marks)**

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