



MAASAI MARA UNIVERSITY

**REGULAR UNIVERSITY EXAMINATIONS
2018/2019 ACADEMIC YEAR
YEAR 1 TRIMESTER 3**

**SCHOOL OF HEALTH SCIENCE
DEPARTMENT OF NURSING
BACHELOR OF SCIENCE NURSING (BSc.N)**

**COURSE CODE: NUR 1301
COURSE TITLE: INTRODUCTION TO
PSYCHOLOGY**

DATE: 23RD AUGUST, 2019

TIME: 0830 - 1130 HRS

INSTRUCTIONS TO CANDIDATES

Section (A & B) , answer all questions. Section (C) answer two questions only

Examination rules applied

1. The general emotional excitement manifested around the age of 2 demonstrates that development
 - a. proceeds from the general to the specific
 - b. is cumulative
 - c. is continuous
 - d. follows an orderly sequence
2. According to Erikson's psychosocial theory:
 - a. Competent parents protect their children from developmental crises
 - b. Crises occur when the ego faces overwhelming anxiety
 - c. Early developmental crisis is one source of later mental health difficulties
 - d. Some stages involves more crisis than others
3. Humanistic theories of personality development assumes that personality disorders occur due to
 - a. Irrational thought process
 - b. Learning and other environmental influences
 - c. Biological factors
 - d. Frustrations that inhibit achievement of personal goals
4. During the preoperational period, what do egocentric children do?
 - a. Question authority
 - b. Believe that others see the world the way they do
 - c. Believe that they cannot share with other children
 - d. Insist on being the centre of attention
5. Which of the following is not a primary sex characteristic?
 - a. ovulation in females
 - b. menstruation in females
 - c. breaking of the voice in males
 - d. production of sperm in males

6. Egocentrism during adolescence is most clearly exemplified by
- Creation of an imaginary audience
 - Unwillingness to share with one's peers
 - Cheating in highly competitive situations
 - Attention-getting behavior
7. Which of the following is a correct generalization regarding the adolescent growth spurt?
- It occurs later in boys than in girls.
 - It is unaffected by nutritional factors.
 - It occurs later in girls than in boys.
 - It occurs more or less at the same time for both sexes.
8. Temperament is considered to be
- an important indicator of cognitive potential
 - the relatively unchanging style of interacting with the environment
 - a dynamic characteristic that develops over time
 - determined by interactions with the social environment
9. Social Mobilization is a process that
- Makes people who they are
 - Raises awareness and motivates people
 - Separates people
 - None of the above
9. Which of the following most clearly demonstrates the existence of emotional attachment?
- Following the mother
 - imprinting
 - separation anxiety
 - crying for the mother
11. The term puberty is synonymous with
- adolescence
 - sexual maturity

- c. growth spurt
 - d. menarche
12. Id is to "Just do it" as super ego is to
- a. "Do your own thing."
 - b. "Don't do it."
 - c. "Wait till the right time."
 - d. "Oh, don't, it's immoral."
13. Piaget proposed that cognitive development involves three major processes. Which of the following does not apply?
- a. Formation of schemas
 - b. Assimilation
 - c. Accommodation
 - d. Memorization
14. Ego- defense functions refers to
- a. Protection of self Esteem
 - b. Social acceptance
 - c. Person's values
 - d. Knowledge aspect of attitude
15. Which of the following cognitive abilities improves throughout adulthood?
- a. Reasoning about everyday problems
 - b. Knowledge of facts and word meanings
 - c. Abstract problem solving and divergent thinking
 - d. General recall
16. After John learned that goats don't bark, he had to modify her existing concept of dogs. This best illustrates the process of
- a. Conservation
 - b. Schemas
 - c. Assimilation
 - d. Accommodation

17. Who among the following was a strong adherent to the biological theoretical perspective to development?

- a. Bowlby
- b. Gesell
- c. Skinner
- d. Piaget

18. According to Erik Erikson's theory of personality development, the third stage of Psychosocial development deals primarily with the development of

- a. autonomy
- b. industry
- c. initiative
- d. trust

19. What do behaviorist perspectives on human development stress?

- a. Conflicts between innate needs and societal demands
- b. The ways in which information is processed by the child.
- c. Shaping of human characteristics by experience.
- d. Evolutionary forces in human development.

20. Which Personality is present at birth?

- a. Ego
- b. ID
- c. Super Ego
- d. All of the above.

SECTION B (40 MARKS): ANSWER ALL QUESTIONS

1. Explain the major assumptions of the following theoretical perspectives of development **(6 marks)**
 - a) Psychodynamic
 - b) Cognitive
 - c) Biological
2. State four biological factors that affect personality. **(8 marks)**
3. State four functions of attitudes **(8Marks)**
4. What happens in classical conditioning? **(4 Marks)**
5. State four landmarks in adult development according to Erikson **(8 Marks)**
6. Define Learning **(2 Marks)**

SECTION C (40 MARKS): ANSWER TWO QUESTIONS ONLY

1. (i) Discuss the six differences between Freud and Erikson personality theories. **(12 marks)**
 - ii) Briefly explain the moral reasoning that is characteristic to the adolescent stage.
According to Piaget Moral Development. **(8 marks)**
2. According to Maslow, self –actualization persons are people with exceptionally health personalities, marked with continued personal growth.
 - (i) State five characteristics of self-actualizing people **(10 Marks)**
 - (ii) Discuss the levels of Maslow’s hierarchy of human needs **(10 Marks)**
3. Substance abuse, alcohol and drug abuse have become a major problem in our Country to both the young and the old;
 - (i) Discuss five general categories of individual substances **(10 Marks)**
 - (ii) State the effects of alcoholism on the brain **5 Marks)**
 - (iii) Discuss the prevention and control of substance, alcohol and drug abuse **(5 Marks)**
4. Currently, Kenya is recording high mortality rates due to stress related issues;
 - (i) Define stress **(2 Marks)**
 - (ii) State five causes of stress **(10 Marks)**
 - (iii) Discuss four coping mechanism of stress **(8 Marks)**

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