

## **MAASAI MARA UNIVERSITY**

## REGULAR UNIVERSITY EXAMINATIONS 2018/2019 ACADEMIC YEAR SECOND YEAR SECOND SEMESTER

## SCHOOL OF EDUCATION BACHELOR OF EDUCATION (REGULAR)

**COURSE CODE: EGC 2209** 

COURSE TITLE: GROUP PROCESSES AND GROUP DYNAMICS IN COUNSELLING

DATE: 26/4/2019 TIME: 11:00 AM - 13:00 PM

## **INSTRUCTIONS TO CANDIDATES**

1. Answer Question **ONE** and any other **TWO** questions

| <b>QUESTION ONE</b> | (COMPULSORY) |
|---------------------|--------------|
|                     | <del></del>  |

| ;  | a)   | Using ex          | camples, explain the following concepts;                        |            |                     |  |
|--|--|-------------------|---|------------|---------------------|--|
|  |  | i)                | Group counseling  |            |                     |  |
|  |  | ii)               | Group dynamics  | (10        | marks)              |  |
| b)   | Give   | e FIVE im         | portance of studying group dynamics in cou                      | nseling    | (10 marks)          |  |
| c) Explain FIVE dynamics in a group counseling   |  |                   |   | (10 marks) |                     |  |
|  | QI   | UESTION           | TWO   |            |                     |  |
|  | <ul> <li>a) Discuss FIVE aspects of group structure that makes a counseling group stable (10 marks)</li> </ul> |                   |   |            |                     |  |
| b) Identify FIVE conditions for terminating group counseling (10 marks)                            |  |                   |   |            |                     |  |
|  | QI   | UESTION           | THREE   |            |                     |  |
|  | a) Explain FIVE foundations of group dynamics in group counseling  |                   |   |            |                     |  |
|  |  |                   |   | (10        | marks)              |  |
|  | ł  | <b>o)</b> Give Fl | IVE therapeutic factors in group counseling                     | (10        | marks)              |  |
|  | QI   | UESTION           | FOUR  |            |                     |  |
| a) Using examples, explain FIVE guidance and therapeutic groups                                    |  |                   |   |            |                     |  |
|  |  |                   |   | (10        | marks)              |  |
|  | b) Identify FIVE advantages of using group counseling approach in counseling (10 marks)                        |                   |   |            |                     |  |
|  | QI   | UESTION           | FIVE  |            |                     |  |
| <ul><li>a) Analyze FIVE situations when group counseling is NOT recommend<br/>(10 marks)</li></ul> |  |                   |   |            |                     |  |
|  |  | -                 | nine FIVE conditions for terminating counsel<br>seling approach |            | up<br><b>marks)</b> |  |
|  |  | •••               | END   |            |                     |  |
|  |  |                   |   |            |                     |  |