



MAASAI MARA UNIVERSITY

**REGULAR UNIVERSITY EXAMINATIONS
2018/2019 ACADEMIC YEAR
THIRD YEAR SECOND SEMESTER**

**DEPARTMENT OF EDUCATION FOUNDATIONS
AND PSYCHOLOGY**

**BACHELOR OF EDUCATION
SCHOOL OF EDUCATION**

**COURSE CODE: EGC 305
COURSE TITLE: PRACTICUM IN GUIDANCE AND
COUNSELING III**

DATE: 4/15/2019

TIME: 2:30 – 4:30 PM

INSTRUCTIONS TO CANDIDATES

ANSWER QUESTION ONE AND ANY OTHER TWO

This paper consists of 2 printed pages. Please turn over.

Question One

- a) Describe the process of counseling for both individual and group counseling. **(10marks)**
- b) Explain the relevance of cumulative record keeping during counseling. **(5marks)**
- c) Examine the relevance of the following counseling skills during therapeutic relationship.
 - i) Confrontation **(5marks)**
 - ii) Self-disclosure **(5marks)**
 - iii) Termination **(5marks)**

Question Two

- a) Discuss any three malpractices common among school counselors. **(10marks)**
- b) Describe the attending behaviours acronym by SOLER, showing its significance during therapeutic relationships. **(10marks)**

Question Three

- a) Examine any three core values of counseling. **(15marks)**
- b) Discuss any five goals of therapeutic relationships. **(15marks)**

Question Four

Analyze the following counseling skills

- i) Reflecting skills **(5marks)**
- ii) Listening skills **(10marks)**
- iii) Summarizing **(5marks)**

Question Five

- a) Evaluate the relevance of the following theoretical perspectives during therapeutic relationships
 - i) Behaviourism **(5marks)**
 - ii) Psychoanalytic **(5marks)**
- b) Explain the functions of guidance and counseling in the Kenyan educational settings. **(10marks)**

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