

ABSTRACT

The purpose of the study was to assess the effect of the environmental degradation on the health of the local people in Narok Town. The research looked the causes, effects and types of pollution;

water pollution, air pollution and solid metal and liquid waste disposal management in Narok town.

The research looked at the mitigation measures of environmental degradation where he used research design, sampling procedure, population study, data collection, analysis and presentation of the findings in tables and graphs. The researcher used questionnaires and Interview schedules whereby they were distributed in various groups and individuals for easy information gathering. The respondents filled the questionnaires. The sample size was obtained through purposive sampling. The researcher the demographic distribution of the respondents were analyzed whereby

the researcher used a sample of 27 respondents out of the 30 respondents for the questionnaires given out. The sample consisted of five county officers, four business people in the town, four respondents from the ministry of land and ministry of environment and four marketing executives.

The study employed use of charts, tables and graph to analyses the data that was collected from the field. The study concluded that the county is committed to improving the environmental conservation to improve the health of the people. The study also concluded that the environmental

degradation depends on air pollution, water pollution and waste disposal. The study recommended

that there is a need to the best waste management practices to reduce the negative effects of environmental degradation. The researcher encountered resistance in some of the respondents who

were engaged in unprofessional waste disposal. The researcher used questionnaire to develop and

obtain information about the population in Narok town. It was established that 10% of the area residents have stayed in the town for less than 5years .The research concluded that waste management practices have insignificant effect on operational performance .The study also recommended that there is a need to understand the best waste management to reduce its negative

on operational cost. The researcher faced financial constraint and time constraint because of frequent visits and follow up.