MAASAI MARA UNIVERSITY

REGULAR UNIVERSITY EXAMINATION
2018/2019 ACADEMIC YEAR
THIRD YEAR SECOND SEMESTER

SCHOOL OF EDUCATION
DEGREE OF BACHELOR OF EDUCATION
SPECIAL NEEDS

COURSE CODE: SNE 3218
COURSE TITLE: ADAPTED PHYSICAL EDUCATION FOR LEARNERS WITH DISABILITIES

DATE: 29/04/2019 TIME: 2:30PM – 4:30PM

INSTRUCTIONS:
Answer ALL questions in section A and ANY other THREE questions in section B
SECTION A: COMPULSORY

QUESTION ONE

a) Define the following terms:
   i) Corrective Therapy  
      (2 marks)
   ii) Remedial approach  
      (2 marks)

b) Explain the meaning of the term Adapted Physical Education  
   (3 marks)

c) Identify three guidelines for physical fitness in learners with disabilities  
   (3 marks)

d) Outline three benefits of Physical Education to learners with disabilities  
   (3 marks)

e) Explain four principles of exercise for learners with disabilities  
   (4 marks)

f) Highlight four body movement skills that should be emphasized when training a dance to Learners with disabilities  
   (4 marks)

g) Identify four activities a teacher would use to enhance locomotor skills in learners with disabilities  
   (4 marks)

SECTION B: ANSWER ANY THREE QUESTIONS

QUESTION TWO

Discuss five basic movement skills that a teacher should emphasize when teaching body movement to learners with disabilities.  
(15 marks)

QUESTION THREE
Explain five learning adaptations a teacher should make when teaching volleyball to learners with disabilities. (15 marks)

**QUESTION FOUR**

Analyze five safety measures a teacher should consider when conducting an adapted Physical Education Lesson (15 marks)

**QUESTION FIVE**

Discuss five considerations a teacher should make when improvising Adapted Physical Education equipment for learners with disabilities. (15 marks)

**QUESTION SIX**

Explain five main components of an effective Physical Education lesson for learners with disabilities. (15 marks)

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