



# **MAASAI MARA UNIVERSITY**

**REGULAR UNIVERSITY EXAMINATIONS**

**2022/2023 ACADEMIC YEAR**

**FIRST YEAR SECOND SEMESTER**

**SCHOOL OF EDUCATION**

**MASTERS OF EDUCATION (EDUCATIONAL  
PSYCHOLOGY)**

**COURSE CODE: EPS 8211**

**COURSE TITLE: PERSONALITY AND  
PERSONALITY THEORIES**

**DATE: 25<sup>TH</sup> APRIL 2023**

**TIME: 11:00 AM- 13:00PM**

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## **INSTRUCTIONS TO CANDIDATES**

1. Answer Question **ONE** and any other **TWO** questions.
2. **DO NOT WRITE ANYTHING ON THIS PAPER.**

### **Question One (Compulsory-30marks)**

- a). Explain **TWO** causes of psychological disturbance according Adler. (4 Marks)
- b). According to Jung, there are two seasons in human life. Describe **TWO** characteristics of a man in the first season and another in the second season of life. (6 Marks)
- c). With the use of a relevant example, explain how an individual's locus of control can manifest in her personality. (5 marks)
- d). Discuss **TWO** ways in which self-actualized people differ from people who are not self-actualized in personality. (6 Marks)
- e). Giving suitable examples, explain how healthy personality development can be hindered by; (9 Marks)
- i). Inadequate superego function
  - ii). Inadequate ego function
  - iii). Overusing ego defense mechanisms

### **Question Two**

John is in his 50s. He has a drinking problem that has resulted in several failed marriages. He is prone to anger and aggression which has led to many people avoiding him. He tends to blame other people for his faults without ever acknowledging his shortcomings.

- (a) Discuss the role early childhood experiences may have played in John's current disposition according to Carl Roger's view of personality development. (5 Marks)
- b). Discuss **FOUR** possible causes of John's pathology according to the psychoanalytic theory. (10 Marks)

### **Question Three**

- (a) Giving examples, discuss how individuals can portray the following Jungian concepts in interpersonal interactions; (9 Marks)

- (i) The persona
- (ii) The animus – anima
- (iii) The shadow

b). Neuroticism is a factor in the Five Factor Model of personality. Discuss the association between a high score in neuroticism and mental wellbeing in a young adult. **(6 Marks)**

**Question Four**

a). Explain how learning through classical conditioning can play a role in the development of personality in a school going child. **(5 Marks)**

b). With suitable examples, discuss how fixation at the following psychosexual stages of development may become evident in an adult’s personality. **(10 Marks)**

- i. Oral stage
- ii. Phallic stage

**Question Five**

a). Giving relevant examples, discuss Gordon Allport’s model of personality under the following headings; **(9 Marks)**

- i. Cardinal traits
- ii. Central traits
- iii. Secondary traits

b). Discuss the role played by parenting in the development of personality according to the Attachment theory. **(6 Marks)**

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