



MASAI MARA UNIVERSITY

REGULAR UNIVERSITY EXAMINATION

2022/2023 ACADEMIC YEAR

FIRST YEAR SECOND SEMESTER

BACHELOR CRIMINOLOGY ND PENOLOGY

COURSE CODE: CRP1210-1

**COURSE TITLE: FUNDAMENTALS OF
PSYCHOLOGY AND COUNSELING**

DATE: 24/4/2023

TIME: 1100-1300 HRS

INSTRUCTIONS TO CANDIDATES

- Answer question ONE (compulsory) and any other TWO questions.
- Question one carries 20marks
- All other questions carry 15marks

QUESTION ONE

a) Explain the Ethics and Professional issues in counseling **(10 Marks)**

b) Explain the main limitation of the case study approach to counseling problems **(10 Marks)**

QUESTION TWO

Discuss Freud Sigmund psychoanalytic theory in relation to the development of behavior therapy **(15 Marks)**

QUESTION THREE

Describe how social cultural differences affect behavior and cognition **(15 Marks)**

QUESTION FOUR

Examine the stages involved in problem solving, consciousness, self and relationships **(15 Marks)**

QUESTION FIVE

Jane wishes to visit a counselor in need of help having been betrayed by a boyfriend

(i) State and Explain four sources of information that would guide him in identifying a Suitable counselor **(5 Marks)**

(ii) Explain how a therapist can apply the four characteristics of reality therapy to assist mark **(10 Marks)**

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