



MAASAI MARA UNIVERSITY

**REGULAR UNIVERSITY EXAMINATIONS
2022/2023 ACADEMIC YEAR
SECOND YEAR FIRST SEMESTER**

**SCHOOL OF ARTS, HUMANITIES, SOCIAL SCIENCES
AND CREATIVE INDUSTRIES
BACHELORS OF ARTS IN SOCIAL WORK**

COURSE CODE: SWK 2113-1

COURSE TITLE: ADVANCED SOCIAL WORK THEORIES

DATE: 13TH DECEMBER, 2022

TIME: 1430-1630

INSTRUCTIONS TO CANDIDATES

- Answer question ONE (compulsory) and any other TWO questions.
- Question one carries 20 marks
- All other questions carry 15 marks

QUESTION ONE

- a) In light of the Rogerian theory of psychotherapy, demonstrate the conditions necessary for individual gravitation toward a constructive fulfillment of potential.
(7 Marks)
- b) Analyze the application of transpersonal theory to at least Five practice settings in social work.
(5 Marks)
- c) Demonstrate how transpersonal theory informs the following values of Social work
(8 Marks)
- i. Social Justice
 - ii. Dignity and worth of persons
 - iii. Human relationship
 - iv. Service

QUESTION TWO

Identify and explain the therapeutic approaches that might require the use of Cognitive Behavioural therapy (CBT).
(15 marks)

QUESTION THREE

Account for personality disorders and show how the knowledge in social work theory can be used to address them.
(15 marks)

QUESTION FOUR

Discuss in details the social work practice models and demonstrate how you can use them in various practice settings.
(15 marks)

QUESTION FIVE

Discuss how you can jointly use Person Centered therapy and Cognitive Behavioural therapy to help a youth who is fighting depression arising from a traumatic experience.
(15 Marks)

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