



MAASAI MARA UNIVERSITY

**REGULAR UNIVERSITY EXAMINATIONS
2022/2023 ACADEMIC YEAR
SECOND YEAR SECOND SEMESTER**

**SCHOOL OF EDUCATION
BACHELOR OF EDUCATION (EARLY CHILDHOOD
EDUCATION WITH PROJECT MANAGEMENT)**

**COURSE CODE: ECP 3103
COURSE TITLE: MANAGEMENT AND
ORGANIZATION OF A FEEDING
PROGRAMME**

DATE: 14TH DECEMBER, 2022

TIME: 1100-1300

INSTRUCTIONS TO CANDIDATE

Attempt question 1 (ONE) and any other 2 (TWO) Questions

SECTION A

1. a) i. Good nutrition is critical in the realization of the potentials in children. Explain. (3 MKS)
ii. Give three advantages of good nutrition (3 MKS)
b) Middle childhood is the stage of unlocking human capital. Explain. (3 MKS)
c) Outline the consequences of poor nutrition and health (3 MKS)
d) What are the benefits of school feeding? (3 MKS)
e) Briefly describe the factors that lead to a healthy child. (3 MKS)
f). Explain the following symptoms of malnutrition (2 MKS)
i. low weight
ii. Stunted growth

SECTION B

2. a). Give a brief history of school feeding programme in Kenya. (3 MKS)
b). Briefly explain the meaning of the following causes of malnutrition (3 MKS)
i. Insufficient Household Food Security
ii. Inadequate Maternal and Child Care
iii. diseases
c). What are the specific causes of protein energy malnutrition in children? (3 MKS)
d). How can you ascertain for malnutrition among school going children? (3 MKS)
e). Describe some of the strategies that can be used to improve children's health status. (3 MKS)
3.a) What is a nutrition programme? (1 MK)
b) Describe the various considerations made in initiating nutrition programmes (3 MKS)
c) List the various specific roles of a feeding programme. (3 MKS)
d) Briefly explain different forms of nutritional programme (3 MKS)
e) Outline the challenges of implementing school feeding programmes (5MKS)
4. a) What would you consider in food management and feeding? (5 MKS)
b) Define the following terms; (6 MKS)
i. Program planning
ii. Programme
iii. Project
iv. Program
v. Objective
vi. Planning process
c) What would you consider in designing a programme? (4 MKS)
5 a) Describe the general principles in management of feeding programe (8 MKS)
b) How do you enter the community before initiating a feeding programme? (2 MKS)
c) State the major functions for the programme manager. (3 MKS)
d) List some of the documents that a nutrition feeding manager should have (2MKS)