



MAASAI MARA UNIVERSITY

**REGULAR UNIVERSITY EXAMINATIONS
2020/2021 ACADEMIC YEAR
FOURTH YEAR SECOND SEMESTER**

**SCHOOL OF EDUCATION
BACHELOR IN EDUCATION**

COURSE CODE: ECDE 4201

COURSE TITLE: GUIDANCE AND COUNSELING IN ECDE

DATE: 7TH OCTOBER, 2021

TIME: 0830 – 1030HRS

INSTRUCTIONS TO CANDIDATES

Attempt question 1 (ONE) and any other 2 (TWO) Questions

SECTION A

1. a) Distinguish between “guidance” and “counseling.” (4 marks)
b). State the principles of guidance and counseling. (4marks)
c) Briefly explain the significance of guidance and counselling for children. (6marks)
d) Briefly explain how you can guide a child to overcome the following.
i. Troublesome behavior (5 marks)
ii. To cope with loss (5 marks)
e) . Explain the following approaches and techniques of guiding and Counseling children
i. Response cost.
ii. Time out.
iii. Token economy (6marks)

SECTION B

QUESTION TWO

- a) Describe the following approaches to guidance and counselling:
i. Affective approach
ii. Gestalt approach
iii. Eclectic approach
iv. Classical approach
v. Operant approach (10 marks)
b) Briefly explain the importance of educational guidance. (5 marks)
c) What are the components of educational guidance? (5 marks)

QUESTION THREE

- a) Discuss the African based guidance and counseling. (12 marks)
b) Explain the characteristics of a good counsellor. (8 marks)

QUESTION FOUR

- a) Describe the responses to stress for type A personality (5marks)
b) Describe how you can use guidance and counseling to make secondary and higher education successful. (7marks)

QUESTION FIVE

- Discuss the various strategies of managing stress. (20 marks)

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