



MAASAI MARA UNIVERSITY

**REGULAR UNIVERSITY EXAMINATIONS
2018/ 2019 ACADEMIC YEAR**

**FIRST YEAR SECOND SEMESTER
SCHOOL OF ARTS AND SOCIAL SCIENCES
DIPLOMA IN SOCIAL WORK**

COURSE CODE: DSW 115

**COURSE TITLE: FAMILY COUNSELLING AND
THERAPY**

DATE: 27TH AUGUST, 2019

TIME: 0830 – 1030 HRS

INSTRUCTIONS TO CANDIDATES

Answer Question ONE and any other TWO questions

This paper consists of TWO printed pages. Please turn over.

SECTION A: 30 MARKS

1 a) Define the following terms;

- i. Family
- ii. Therapy
- iii. Behavior
- iv. Counselor

(6 Marks)

1b) In your own understanding, describe why you think Social Workers should have Counseling Skills in Family Counseling and Therapy **(10 Marks)**

1c) Using relevant examples, explain Seven areas of Interest in family counseling **(14 Marks)**

SECTION B: ANSWER ANY TWO QUESTIONS

2 a) Examine the role of **Individual and Group counselling** in family counselling **(10 Marks)**

b) Describe using examples **MAJOR** types of family counseling **(10 Marks)**

3 a) Critically enumerate the role of **Psychoanalytic** theory in Family counselling **(10 Marks)**

b) Explain **THREE** techniques used in counseling and their relevance to family counseling in the contemporary world **(10 Marks)**

4 Critically **EXAMINE** the role of ethics in family counseling **(20 Marks)**

5 a) Write short notes on the following and assess their importance in Family counseling

- i. Career counseling
- ii. Marriage counseling
- iii. Grief Counseling

(10 Marks)

b) Examine major **BENEFITS** of family counseling to the family **(10 Marks)**

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