



MAASAI MARA UNIVERSITY

REGULAR UNIVERSITY EXAMINATIONS

2018/2019 ACADEMIC YEAR

FIRST YEAR *SECOND* SEMESTER

SCHOOL OF EDUCATION

BACHELOR OF EDUCATION

(REGULAR)

COURSE CODE: PSY 1204

**COURSE TITLE: INTRODUCTION TO GUIDANCE
AND COUNSELLING**

DATE: 26/4/2019

TIME: 2:30PM – 4:30 PM

INSTRUCTIONS TO CANDIDATES

1. Answer Question **ONE** and any other **TWO** questions

1. a) Give **five** differences between guidance and counselling (10marks)
- b) Expound on **five** aims and objectives of school guidance and counselling (10marks)
- c) Explain **five** responsibilities of school guidance and counselling program/office (10marks)
2. a) Discuss the following themes of counselling under the following headings:
 - i. Cases of mal-adjustment (5marks)
 - ii. Counselling techniques (5marks)
- b) Provide brief explanations to the following:
 - i. Psychoanalytic theory (4marks)
 - ii. Humanistic theory (3marks)
 - iii. Behaviour theory (3marks)
3. a) Discuss any **five** basic principles of school guidance and counselling (10marks)
- b) Explain any five attributes of an effective school counsellor (10marks)
4. a) Discuss any **five** reasons why guidance and counselling is more relevant in the Kenyan schools now than never before. (10marks)
- b) Describe **five** challenges that school counsellors face in the course of their work. (10marks)
5. a) Identify and discuss any **five** counselling needs among high school students (10marks)
- b) Give five differences between individual and group counselling. (10marks)