



MAASAI MARA UNIVERSITY

REGULAR UNIVERSITY EXAMINATIONS 2018/2019 ACADEMIC YEAR *FOURTH YEAR SECOND SEMESTER*

SCHOOL OF EDUCATION BACHELOR OF EDUCATION

COURSE CODE: EGC 411

COURSE TITLE: GERIATRIC COUNSELLING

DATE: 17/4/2019

TIME: 11:00 - 13:00 PM

INSTRUCTIONS TO CANDIDATES

1. Answer Question **ONE** and any other **TWO** questions

Question ONE

- a) Explain the following concepts relating to the elderly
- i.) Gerontology **(5 Marks)**
 - ii.) Senile dementia **(5 Marks)**
 - iii.) Psychological maladjustments **(5 Marks)**
- b) Analyze the psychological and biological factors that cause depression among the elderly **(15 Marks)**

Question TWO

Examine the following factors that are likely to facilitate successful ageing

- i.) Psychological factors **(10 Marks)**
- ii.) Social factors **(10 Marks)**

Question THREE

- a) Discuss **FIVE** attributes of an effective Geriatric counseling **(10 Marks)**
- b) Clearly describe how to counsel a depressed elderly **(10 Marks)**

Question FOUR

Discuss the psychosocial theory of Erick Erickson on the ageing process. Indicate the relevance of the theory to a geriatric counsellor. **(20 Marks)**

Question FIVE

- a.) Identify and discuss **THREE** ways in which Kenya government is addressing the plight of the elderly **(10 Marks)**
- b.) Examine **THREE** challenges faced by the elderly persons in Kenya today. **(10 Marks)**